



WEEKLY NEWSLETTER

October is National Bullying Prevention Awareness Month



Bullying: What to Do About It

Article courtesy of Mental Health America: <http://www.nmha.org/go/bullying>

Although it's always been around, bullying should never be accepted as normal behavior. The feelings experienced by victims of bullying are painful and lasting. Bullies, if not stopped, can progress to more serious, antisocial behavior. Recent incidents of school violence show that bullying can have tragic consequences for individuals, families, schools, and entire communities.

Recognize It (for what it is)

Bullying is aggressive behavior. A child is targeted by one or more youths with repeated negative actions over a period of time. These are intentional attempts to cause discomfort or injury and can include name-calling, making faces, obscene gesturing, malicious teasing, threats, rumors, physical hitting, kicking, pushing, and choking. More subtle is simply excluding a child from the group. Generally, bullying occurs when there's an imbalance of power favoring the bully. Victims usually feel they don't have the strength to defend themselves. Make no mistake, bullying is a form of violence that shouldn't be tolerated.

See the Scope of the Problem

- The Journal of the American Medical Association recently reported that one-third of U.S. students experience bullying, either as a target or a perpetrator.
- A high level of parents (47%) and teachers (77%) report children victimized by bullies.
- Bullying and violence cause 160,000 fearful children to miss one or more school days each month.
- Only a small percentage of children believe that telling adults will help. Children generally feel that adult intervention is ineffective and will only bring more harassment.

Spot the Bullies

- They are both boys and girls. Boys bully more often and more physically than girls. Girls are more likely to use rejection and slander.
- Bullies usually pick on others out of frustration with their own lives. They target other children because they need a victim who is weaker than them.
- While they may feel uneasy about it, many children tease their peers simply to go along with the crowd.
- Bullies sometimes suffer from depression. They're often from homes where harsh punishment and inconsistent discipline are used. Sixty percent of male bullies will be arrested by age 24.

Know Their Targets

- Girls and boys alike are targeted.
- Those who are physically different in race, body size, or clothing. Those with disabilities or those who are dealing with sexual orientation issues.

- Both groups are kids who are typically anxious, insecure, and suffering from low self-esteem. This makes them good targets.
- There are few differences among racial and ethnic groups in the numbers of students being bullied. White and black students are more likely to report it than others.
- Three million U.S. teenagers have serious problems in school because they're taunted with anti-gay slurs. According to several surveys, four out of five gay and lesbian students say they don't know one supportive adult at school. They say teachers ignore harassment 97 percent of the time.

Take Steps to Stop It

- **Start early.** Parent/child talks are critical. Teach kids to respect others before they start school and continue to talk about this topic on an ongoing basis. Even small acts of teasing should be stopped in their tracks. Don't fail to correct this kind of behavior due to a child's young age. This is exactly when to stop it.
- **Teach your children how to be assertive.** Encourage your children to express their feelings clearly, say no when they feel uncomfortable or pressured, stand up for themselves without fighting, and walk away in dangerous situations. Bullies are less likely to intimidate children who are confident and resourceful.
- **Stop bullying when you see it.** Adults who remain silent when children are bullying others give permission to the behavior and thereby encourage it.
- **Tell your children to take action when they see bullying behavior.** Tell them to speak out against the bully and inform a teacher if the behavior doesn't stop. Bullying continues only when we allow it to.
- **Communicate clear policies and consequences.** Bullying is less likely in schools where adults are involved and firm about stopping bullying behaviors. Send out a clear message at your school that bullying will have negative consequences.
- **Team up.** Work with your PTA or local mental health association to make sure that schools treat bullying as violence. Help them develop programs to prevent bullying and promote safe school environments.

Other Resources

You can find more helpful information about bullying at the following websites:

KidsHealth for Parents: Bullying and Your Child –
<http://kidshealth.org/parent/emotions/feelings/bullies.html>

National PTA: Bullying, Tips for Parents.
<http://www.pta.org/bullying.asp>



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Trainings



Maryland Center for Developmental Disabilities
at Kennedy Krieger Institute



“Demystifying Autism: An Inside-Out Perspective” with William Stillman



About the Speaker

William Stillman is a nationally known speaker and author on autism spectrum disorders. His books include *Demystifying the Autistic Experience*, *The Everything Parent’s Guide to Children with Asperger’s Syndrome*, *The Everything Parent’s Guide to Children with Bipolar Disorder*, and *Autism and the God Connection*. He also writes for and hosts a column in the national publication, *The Autism Perspective* magazine. Bill has worked in the human services field since 1987. His website is www.williamstillman.com.

About the workshops

Join speaker William (Bill) Stillman for an insightful, inspiring “inside-out” workshop. As a person with Asperger’s syndrome, Bill provides a non-clinical, humanistic overview of the autism spectrum from the perspective of those who experience it.

Day 1: What is autism? What is it like to have autism? What is considered best practice in supporting others’ communication, sensory sensitivities, mental health and movement differences? Bill shares the many differences among people labeled with autism, including perspectives from his friends on the spectrum as well as his own experiences. More importantly, Bill shows us how we are all more alike than different, and participants will leave the day having experienced their *own* “autisms.”

Day 2: Provides participants with an opportunity to actively apply the philosophies shared the previous day to several scenarios based upon actual individuals and situations. Bill will facilitate large and small group discussions as teams work together to brainstorm, strategize, and surmise recommendations in addition to exploring unanswered questions about the situations with which they are presented.

Monday, November 12th and Tuesday, November 13th
9:00 AM to 4:00 PM

(Registration begins at 8:30 a.m. both days)

Sheraton Columbia Town Center Hotel
10207 Wincopin Circle, Columbia, MD 21044

Registration for Day 2 has reached maximum capacity.
Registration for Day 1 only is still open.

Please click here to register:

<http://events.constantcontact.com/register/event?llr=t74qmveab&oeidk=a07e6f9g5rcaf2d7ac3>

**Digital Ethics - 11/2/12
Registration Form**

Name _____

Credentials _____

Organization/Employer _____

Address _____

Email _____

Phone # _____

Dietary Restrictions _____

Registration Fee: \$45.00

Please make checks payable to:

Eastern Shore AHEC
814 Chesapeake Drive
Cambridge, MD 21613
EIN# 52-1987075
Fax # 410.221.2605

Purchase Orders are accepted. No credit cards.



Eastern Shore Area Health Education Center
814 Chesapeake Drive
Cambridge, MD 21613

*Talbot Community Connection, Inc.
and Eastern Shore Area Health
Education Center
Proudly present*

**Digital Ethics: Risks,
Benefits, Boundaries, &
Safeguards**

to online communications with clients



**Friday
November 2, 2012
8:30 am—12:30 pm**

Talbot County Department
of Social Services
301 Bay Street
Easton, MD 21601

**Digital Ethics: Risks, Benefits, Boundaries, &
Safeguards to online communications with
clients**

COURSE DESCRIPTION: As new forms of electronic communication reshape traditional communication patterns and practices, what are the implications for social work practice? This workshop will address the principles and practices associated with the use of digital communications with clients. Using case vignette, specific ethical issues related to the risks to client confidentiality & privacy will be raised and explored.

OBJECTIVES:

- As a result of participation in this sessions, attendees are expected to be able to:
1. Articulate ways that newer digital communication technologies will potentially impact Social Work privacy/confidentiality standards and practices;
 2. Be alert to the risks, benefits, and controversies related to the changing nature of communication practices by practitioners;
 3. Recognize emerging communication trends/preferences for digital communication across clients of all ages.
 4. Be aware of the changing nature and definitions of "privacy" and the diminished ability to maintain ones privacy; be alert to the ethical tensions surrounding providers'/clients' access to personal information via Social Networking sites.

8:30 - 9:00	AGENDA Registration & Continental Breakfast
9:00 - 12:00	Training
12:00 - 12:30	Evaluations, Certificates and Lunch

ABOUT THE PRESENTER

Marian Mattison, DSW

Dr. Mattison has been investigating the range of ethical tensions intrinsic to social work practice since receiving her doctoral degree from Columbia University in 1994. She is an Associate Professor in the Department of Social Work at Providence College, Providence, RI. Dr. Mattison leads workshops and provides consultation to practitioners facing difficult choices of actions in cases of ethical conflict. She is currently conducting focus groups to collect information regarding the adaptation, uses, and practices of digital communications by Social Work practitioners. Her recent article, *Social Work Practice in the Digital Age: Therapeutic Email as a Direct Practice Methodology* will soon be published in the journal **Social Work**.

CEUs

The Eastern Shore AHEC is a sponsor authorized by the Board of Social Work Examiners and participants will be awarded a certificate for 3 hours of Category I CEUs upon completion of the program. ***This course satisfies the 3 hour Ethics requirement.***

LOCATION

**Talbot County DSS
301 Bay Street, Easton
(410) 770-4848**

The program will be held in the multi-purpose room at the Talbot County DSS. Proceed to Easton on US Rt 50. Turn onto MD Rt 322 (Easton Bypass). Turn onto Bay Street (MD Rt. 33) toward Easton. Go approximately 2/10 of a mile and turn left onto driveway between 2 ponds. Talbot DSS is the two-story brick building on the left (301 Bay Street, Unit 5).

REGISTRATION

FEE: \$45.00
DEADLINE: October 26, 2012
Please make checks payable to Eastern Shore AHEC. We also accept Purchase Orders. We do not accept Credit Cards. Applicants should assume acceptance of registration, unless otherwise notified. No Refunds. Questions—contact Jeanne Bromwell at jbromwel@esahec.org or 410.221.2600.

National Council

LIVE WEBINARS



Mental Health and Addictions Policy and Practice Excellence

The National Council LIVE calendar for October is packed with the industry's best and most diverse range of webinars on hot topics in behavioral health. Register now and get ready for a month of hands-on learning.

All webinars are free but separate registration is required for each. Please note that registration does not guarantee your space on the webinar. Attendance is limited to the first 1,000 people that join the live event — and our webinars fill up fast — so sign in early! Not able to attend live? Access free post-event recordings and PowerPoints at www.thenationalcouncil.org/cs/recordings_presentations.

How Consumers Can Drive Better Personalized Outcomes: Learning from Successful Organizations

Date: Monday, October 22, 2012, 4–5:30 pm EDT

Speakers: Michael Kendrick, PhD, International Consultant, Human Services and Community Work

Behavioral health, disability, ageing and other sectors have been talking about "person-centered planning" for over a quarter of a century, yet many practitioners and organizations have found it challenging to fully operationalize this concept in terms of consistent personalized service arrangements. Nonetheless, for those who have stayed with the challenges involved, there has often been remarkable progress toward a future driven by authentically personalized options i.e. individualized, negotiable, flexible, and self-directed supports that allow consumers to plan their life and supports within a budget of their own. Hear about behavioral health, community service and other organizations around the world that have successfully implemented individualized options and overcome myriad leadership, bureaucratic, administrative, financial, attitudinal, competency, and staffing challenges along the way. Discover how you can transform your organization to offer personalization that yields better outcomes for consumers by learning what has already been achieved but may not always be well known or appreciated.

Register FREE at

<https://www2.gotomeeting.com/register/320502578>

Meaningful Use for Meaningful EHR Funding: How Behavioral Health IS Eligible

Date: Tuesday, October 30, 2012, 2–3:30 pm EDT

Speakers: Michael Lardiere, MSW, Vice President, HIT and Strategic Development, National Council for Community Behavioral Healthcare

Under the 2009 federal economic stimulus package, healthcare providers who demonstrate meaningful use of certified EHR systems can qualify for Medicaid and Medicare meaningful use (MU) incentive payments. While behavioral health organizations are not eligible for facility payments, they can leverage these incentives if they employ eligible professionals — psychiatrists, other physicians, and nurse practitioners and meet the 30% Medicaid criteria. Yet most organizations are not aware if their staff is eligible for MU incentives and do not fully understand eligibility criteria, according to a survey by the National Council for Community Behavioral Healthcare. Hear how some community behavioral health organizations broke the barrier and accessed federal funding by complying with MU requirements. Learn how they met the 15 MU Stage 1 Core Measures and the Menu Set Measures — and provided patients with timely access to their health information.

qualifacts

Register FREE at

<https://www2.gotomeeting.com/register/743239090>

This webinar is supported by Qualifacts, Inc. Free post-event recordings at http://www.thenationalcouncil.org/cs/recordings_presentations

The Hidden Cost of Rx Utilization Management: A Toolkit for Protecting Open Access to Medications

Date: Wednesday, October 31, 2012, 2:00-3:30 pm EDT

Speakers: Glenn Liebman, Mental Health Association, New York State; Betsy Johnson, National Alliance on Mental Illness, Ohio

With states feeling the crunch from budget shortfalls, many are turning to Medicaid pharmacy budgets to realize budget savings. Yet, common utilization management techniques like prior authorization and step therapy have hidden costs for consumers and for the state. This webinar covers key strategies for advocates to use in protecting open access to medications. Join us to learn how to calculate the spillover costs to your state of instituting a prior authorization for psychiatric medications. Understand how to deliver effective messages to communicate the negative impacts to state policymakers. And hear how one state took action to mitigate the effects of prior authorization.

This webinar is offered by the National Council in partnership with Mental Health America and the National Alliance on Mental Illness.

Register FREE at

<https://www2.gotomeeting.com/register/405521234>

CPT Code Changes for 2013: Impact on Behavioral Health

Date: Friday, November 9, 2012, 12:00-2:00 pm EDT

Speakers: Jeremy Musher, MD, President and CEO, The Musher Group, LLC; David R. Swann, Senior Integrated Healthcare Consultant, MTM Services; Adam Falcone, Partner, Feldesman Tucker Leifer Feidel LLP

This fall and coming year promise substantial changes to coding and billing for behavioral healthcare providers. Effective January 1, 2013, there will be significant changes to Current Procedural Terminology (CPT) codes for psychiatry and psychotherapy services. Changes to CPT code sets are made by the American Medical Association on an annual basis, but decisions made this year will have a much higher-than-usual impact on behavioral healthcare. Are you ready for the impact this could have on your billing, contracts, work flow, and compliance? Join us on Friday, November 9th, to discuss what is included in these changes, the potential impact on your organization, what questions to ask your local insurers, and other ways to prepare for what is ahead.

Register FREE at

<https://www2.gotomeeting.com/register/451542242>

Not yet a National Council Member? [Click here](#) to learn more and sign up today.



REGISTRATION OPEN!!

Building a better system of care for children and families

MCF 2012 Family Leadership Institute for Parents of Children, Youth, and Young Adults* with Substance Abuse Disorders

- A valuable, free opportunity for parents and caregivers of children with substance abuse challenges to learn about leadership, collaboration and advocacy.
- Caregivers know what children and families need.
- Access to information, training, resources, and skill-building opportunities
- Become a more effective leader in building a better system of care for children
- Meet and learn from dedicated leaders and professionals

**PARTICIPANTS MUST ATTEND
ALL 4 SESSIONS!**

November 9 6pm—9pm
November 10 8:30am—3pm
November 16 6pm—9pm
November 17 8:30am—3pm

Homewood Suites by Hilton
8320 Benson Drive
Columbia MD 21045

*Limited to Young Adults up to age 25



Agenda

- November 9 Introduction to Systems of Care for Children in Maryland
November 10 Presentations and Dialogue with State Leaders on State Behavioral Health and Education Policies.
November 16 Policy and Advocacy
November 17 Strategic Plan for Family Leaders

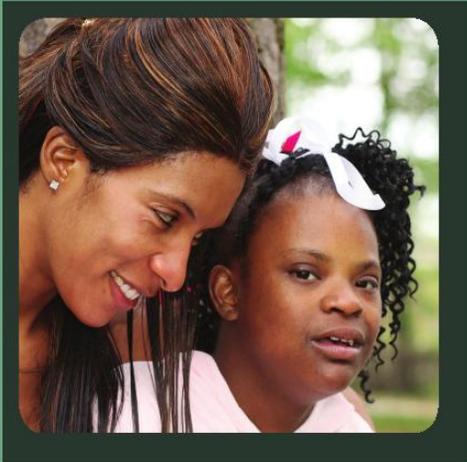
Program includes dinner on Friday nights, breakfast and lunch on Saturdays, overnight accommodations at Homewood Suite (double or triple occupancy).

Registration is now open. Registration is limited to 25.

To register or get more information,
contact Carol Allenza, mdfli@mdcoalition.org or 410.730.8267.

KNOW YOUR RIGHTS FOR YOU AND YOUR CHILDREN

TRAINING FOR PARENTS OF CHILDREN WITH DISABILITIES



Join our expert for a FREE informational training session for parents of school-aged children with an Individual Education Program (IEP). Topic of discussion will be Parental Rights:

- An introduction to parental rights
- Why it is critical for a parent to understand the special education process
- How the rights of parents and children are protected under the law

Sponsored by: Maryland Developmental Disabilities Council and Maryland Center for Developmental Disabilities at Kennedy Krieger Institute

KNOW YOUR RIGHTS INFORMATIONAL SESSIONS

Join us at one of our information sessions:

DATE: OCTOBER 30, 2012

Time: 6 – 8 p.m.

Location: Talbot Community Center

10028 Ocean Gateway, Easton, MD 21601 • 410-770-8050

DATE: NOVEMBER 27, 2012

Time: 6 – 8 p.m.

Location: Holly Community Center

909 Progress Circle, Suite 300, Salisbury, MD 21804 • 443-260-0822

Speakers:

Maureen van Stone, Associate Director of the Maryland Center for Developmental Disabilities at Kennedy Krieger and a licensed Maryland attorney who practices exclusively in the area of special education law.

Mary Coster, Program Director of Children's Training and Services for the Maryland Center for Developmental Disabilities and a licensed clinical social worker who has been working with young children with developmental disabilities and special health care needs and their families for 18 years.

RSVP: MasonA@kennedykrieger.org

Every family who attends will receive one \$35 child care stipend.



For more information or to request special accommodations at one of the informational sessions, please call the Maryland Center for Developmental Disabilities at Kennedy Krieger Institute at **443-923-9555** or visit mcd.kennedykrieger.org.

The Maryland Center for Developmental Disabilities is one of a national network of University Centers for Excellence in Developmental Disabilities (UCEDD) federally funded by the Administration on Developmental Disabilities. We are committed to helping people with developmental disabilities maximize their potential and enjoy success in community life.



It is with great pleasure that the Eastern Shore School Mental Health Coalition (ESSMHC) would like to share with you the brochure for our second annual conference on Linking Mental Health to Academic Success. The conference will be held at Chesapeake College on 11-09-12. We are especially pleased with the number of organizations and providers who wanted to help us sponsor the conference with us this year, our keynote presenter, and the diverse amount of workshop presentations that will be offered. We thank everyone for their support, but more importantly for every one's commitment to improving outcomes for children and families on the Shore.

Continuing Education Credits

Chesapeake College is a sponsor authorized by the Board of Social Work Examiners. Participants will be awarded a certificate for 5.25 contact hours of Category I upon the completion of the program.

Chesapeake College is a sponsor authorized by the Board of Examiners of Psychologists. A certificate for 5.25 hours of Category A will be awarded upon completion of the program.

Chesapeake College is a sponsor authorized by the Department of Health & Mental Hygiene Board of Professional Counselors & Therapists. A certificate for 5.25 continuing education units will be awarded upon the completion of the program.

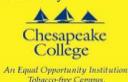


Sponsors:

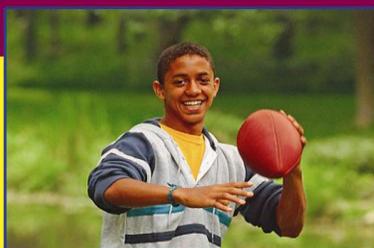
- ◆ Adventist Behavioral Health - Eastern Shore
- ◆ Bridges' Behavioral Health & Wellness, LLC
- ◆ Corsica River Mental Health Services
- ◆ Eastern Shore Psychological Services
- ◆ Dorchester County Public Schools
- ◆ Dover Behavioral Health System
- ◆ Lower Shore Mental Health Association
- ◆ Mental Health Association in Talbot County
- ◆ Queen Anne's County Public Schools
- ◆ Rockford Center
- ◆ Talbot County Public Schools
- ◆ Wicomico Somerset Regional Care Service Agency
- ◆ Worcester County Core Service Agencies
- ◆ Yellow Ribbon Suicide Prevention Program

Partners:

- ◆ Chesapeake College
- ◆ DHMH/Mental Hygiene Administration
- ◆ Maryland State Department of Education
- ◆ Center for School Mental Health
- ◆ Salisbury University



9/12



How to Register

- ◆ Mail printed registration with payment of \$60 Course Fee to Chesapeake College, Registration Office, PO Box 8, Wye Mills, MD 21679, or fax to 410-827-9222.

For more information, please contact
Marci Leach,
 Director of Continuing Education
 and Workforce Training, at
 mleach@chesapeake.edu,
 or 410-827-5833.

Registration includes:

- Breakfast & Lunch
- Morning Keynote & Breakout Session
- Two Afternoon Breakout Sessions
- Continuing Education Credits (CEU)



Friday, November 9, 2012

8 am – 4 pm
Todd Performing Arts Center
 Chesapeake College

Cost - \$60

Sponsored by the Eastern Shore
 School Mental Health Coalition

Continuing education credit will be
 available for Licensed Counselors,
 Therapists, Psychologists
 and Social Workers.



Keynote

Keynote speaker Naomi Haines Griffith



Naomi Haines Griffith is a true Southerner, who grew up in Alabama and Mississippi. She holds a B.S. from the University of North Alabama, an M.A. from George Peabody College of Vanderbilt University, and a Masters in Social Work from the University of Alabama. After teaching for several years, she worked in the North Carolina and Alabama child welfare systems from 1966 to 1984 when she became Executive Director of PACT, a pioneer child abuse prevention agency she helped to found. Also, from 1994 to 1997, she served on the State Board of the Alabama Department of Human Resources. She is presently president of her consulting company, Red Clay & Vinegar, based in Nashville, TN.

Since 1988, Naomi Griffith has been a national speaker and consultant on child welfare issues, using humor and her own experiences to challenge and inspire audiences. She is the author of *Red Clay & Vinegar: Looking At Family Through the Eyes of a Southern Child* and co-author of *The Unkindest Cut: The Emotional Maltreatment of Children*.

Morning Session: Creating a Climate to Promote Mental Health in Children: A Critical Challenge for Education

This presentation will examine the emotional elements necessary to develop the critical presence of empathy in children. Empathy is the key to success in all areas of life including school, interpersonal relationships, vocational endeavors and future parenting. This material will also feature an in-depth analysis of emotional maltreatment—the primary obstacle to the development of emotionally healthy children. As professionals we must determine what children need in order to grow into kind and caring adults and identify the barriers to obtaining this goal.

Agenda

8:00 - 8:30 am Sign in; Continental Breakfast

8:30 - 8:45 am Welcome/Introduction

Dr. Albert Zachik, M.D.
 Director of Child and Adolescent Services for Mental Hygiene Administration (MHA)

Marcella Franczkowski
 Assistant State Superintendent,
 Division of Special Education /
 Early Intervention Services

8:45 - 11:50 am Keynote Address,
 Naomi Haines Griffith
 Creating a Climate to Promote Mental Health in Children: A Critical Challenge for Education

Noon - 1:00 pm Lunch/Networking

1:15 - 2:30 pm Session I

2:45 - 4:00 pm Session II



We are pleased to present the Eastern Shore School Mental Health Coalition Conference: "Linking Mental Health to Academic Success!"

Distinguished speakers will present a wide-range of intensive and concentrated training sessions designed for professionals who provide valuable services to our youth including: teachers, social workers, parents, counselors, psychologists, psychiatrists, childcare providers, mental health practitioners, and pediatricians.



Choose two presentations from the following list for the breakout sessions.

Session One: 1:15 - 2:30 pm

- Benefits of School-Based Music Therapy
 Presenter: Niki Runge, MCAT, MT-BC
- Pediatric Psychopharmacology: Rational and Safe
 Presenter: Mark Riddle, MD
- The Role of the School Psychologist in the Identification of Emotional Disability
 Presenter: William Flook, Ph.D.
- The Best Me That I Can Be: Promoting Psychological Wellness to Decrease Bullying at School
 Presenter: Samantha L. Scott, Ph.D.
- The Family Support Partnership: Integral to the Wraparound Process in Children's Mental Health
 Presenters: Heidi Rochon, Bernadette Townsend and Audra Cherbonnier
- Enough Abuse
 Presenter: Monica Martin, LCSW-C and Darrell Birkcett, BS, M.Ed.
- Mental Health First Aid Training
 Presenter: Susan Sherman

Session Two: 2:45 - 4:00 pm

- The MDS3 Project – Improving Mental Health through Better School Climate
 Presenter: Beth Chatfield, M.Ed. & Dr. Wayne Hickman
- Autism Spectrum Disorder: Start Early Preparing for Adulthood
 Presenter: Lynn Gavigan, LCSW-C
- Integrating Suicide Prevention & Assessment Strategies into School Settings
 Presenter: Rob Schmidt, LCPC, NCC
- Youth M.O.V.E. Eastern Shore
 Presenters: Jason Argoe, Paul Tue, Marty Bailey & Keonia Greene
- A Positive Perspective on ADHD
 Presenter: Beverly Rohman, BA, ACC, SCAC
- Early Intervention Strategies
 Presenter: Anna Simulis, LCSW-C
- Laughter Yoga
 Presenters: Augustine Cook & Sherri L. Allen

410-827-5833 or 410-827-5850

www.chesapeake.edu/continuing_ed



Chesapeake College
Division of Continuing Education & Workforce Training
 410-827-5850

Open Enrollment Registration Form
(All information must be completed to process registration.)

Name:(Print) Last First Middle

Home Address: Street PO Box #

City State Zip Code

Home Phone: Work: Cell:

E-mail Address:

Social Security or Student ID# Date of Birth: (month/day/year)
(Date of Birth is required by the College to ensure the integrity of student records and to meet federal government reporting requirements.)

****Online registration will be available soon for non-credit students. A student's date of birth AND Social Security Number will have to be on file to be able to register online. Include both your date of birth and Social Security number on this registration form to be able to take advantage of ONLINE registration in the future.**

Gender: Male Female

Part 1: Hispanic or Latino Origin: Yes (HIS) No (NHS)

Part 2: If you are not Hispanic or Latino, please select one or more of the following:

Race

- American Indian or Alaska Native (AN)
- Asian (AS)
- Black or African American (BL)
- Native Hawaiian or Other Pacific Islander (HP)
- White (WH)

Senior Citizen: Yes No
(60 or Older)

Chesapeake College Employee
(Tuition Waiver)

I certify that I am a legal resident of _____ County, Maryland.

Student Signature

Date

Method of Payment: <input type="checkbox"/> Check <input type="checkbox"/> Credit Card <input type="checkbox"/> Money Order <input type="checkbox"/> Purchase Order <input type="checkbox"/> Sponsorship Billing	
Make checks payable to: Chesapeake College (Do Not Mail Cash!)	
Visa, Master Card, Discover Card, American Express: Card Number:	
Expiration Date:	CID# Cardholder's Name (Print):
<i>*Note: CID# is the last three digit in the signature box on the back of your credit card.</i>	
Authorized Cardholder's Signature:	Date:
In order to process, payment must accompany completed registration form. If payment is made by credit or debit card, registration may be faxed to: 410-827-5852. Mail payment to: Chesapeake College, Registration Office, PO Box 8, Wye Mills, MD 21679. For more information, call the Division of Continuing Education at 410-827-5850.	

Complete Course Information Below ▼

Dept.	Number	Section	Course Title	Tuition	Fee	Total
CEI	342	A	Linking Mental Health To Academic Success		\$60.00	\$60.00

Rev. 10/1/10

Upcoming Events & Training

The Pro Bono Counseling Project offers a variety of free and low cost continuing education opportunities and events throughout the year to participating pro bono counseling project clinicians to provide clinical training and supplemental resources in different specialty areas which align with agency programs.

http://probonocounseling.org/news_events/events_workshops

Victims Workshop

Friday, November 2nd 9am-12pm
Baltimore, MD

"Human Trafficking and Therapy for Adolescent Victims"

PRESENTERS

Renee Murrell, MSW, LGSW and Gloria Vanderhorst, PhD

LOCATION

Bolton Street Synagogue - 212 W. Cold Spring Lane, Baltimore, MD 21210

ATTENDEE BENEFITS

-3 CE's
-Complimentary breakfast
-Supplementary workshop resources
-Clinician networking

REGISTRATION

Register by 10/29/2012

Free for Active PBCP Clinicians:

Register
Now !

\$30 for Other Clinicians:

Register
& Pay Now

Military Workshop

Friday, November 30th 8:30am-3:30pm,
Baltimore, MD

"Working with Wounded Warriors & Their Caregivers"

LOCATION

Radisson Hotel at Cross Keys - 100 Village Square, 5100 Falls Road, Baltimore Maryland 21210

****Please note:** New location for Military Workshop from previous years.**

ATTENDEE BENEFITS

-6 CE's
-Complimentary breakfast & lunch
-Supplementary workshop resources
-Clinician networking

PRESENTERS INCLUDE

- The Deputy Director of the VA Caregiver Coordinator Program
- The Director of the Federal Recovery Care Coordinator Program
- A wounded warrior mentor
- A Captain in the US Public Health Service who is a social worker for the Department of Defense
- Representatives of the Family of a Vet program
- Operation Homefront, Wounded Warrior Wives
- A caregiver employed at the Wounded Warrior Project.

OBJECTIVES: CLINICIANS WILL:

1. Discuss the useful skills that are essential to effectively engage a client who is a wounded warrior and a caregiver of a wounded warrior.
2. Explain the role of the Federal Recovery Coordination Team and how to interact with the services they provide.
3. Assess how to coordinate their work with wounded warriors and their caregivers with Federal Recovery Coordination Team members with the specific knowledge of rules of confidentiality, sharing information and creating treatment plans with VAMC treatment providers, how to manage treatment with domestic violence, substance abuse, medications, billing, etc.
4. Create a treatment plan that takes into consideration the limitations of the Federal Recovery Coordination Team as well as the need to plan for the next 50 years of the wounded warrior and her/his caregiver.
5. Compare the unique services that are offered by the programs Family of a Vet and Operation Homefront Wounded Warrior Wives and how they may become part of a therapeutic recovery team.
6. Use the skills and experiences that a wounded warrior uses to mentor others and to conduct group mentoring.

REGISTRATION - Register by 11/21/2012

Free for Active PBCP Clinicians:

\$90 for Other Clinicians:

Register
Now !

Register
& Pay Now

Eastern Shore Psychological Services
Advocate: Forensic/Addiction

Exciting full-time opportunity to join a Psychiatric Rehabilitation Program in Easton with one of The Shore's leading mental health organizations. Position involves helping adult (and some adolescent) clients realize their mental health and recovery goals through involvement in wellness and recovery activities. Work closely with interdisciplinary team to actualize treatment goals and when necessary respond to client in crisis. Access appropriate community resources. Must be comfortable making home visits to meet with clients and transporting clients in your vehicle. Previous experience working with clients who are living with mentally illness, addiction and have had involvement with the criminal justice system required. Bachelors degree preferred. Clean driving record and ability to work a flexible schedule required. This is an excellent opportunity to further your professional experience in human services as you pursue graduate study. **Please send resume and letter of interest to Debbie Hyle at d.hyle@espsmd.com.**



 **Quarter Auction** 

FRIDAY- OCTOBER 26, 2012
7:00pm (Doors open at 6pm)

Chesapeake Voyagers, Inc.

Location: Presbyterian Church of Easton
617 North Washington Street
Easton, MD 21601



Paddles \$3 each, \$5 for 2, \$10 for 5

Bring family & friends for a night of FUN and Excitement!!

FOR MORE INFORMATION call 410-822-1601

Celebrating Home * Tastefully Simple * Pampered Chef
Cookie Lee Jewelry * Mary Kay * Tupperware * Avon
PartyLite * Thirty-One * Scentsy * Just Jewelry
Usborne Books and More!



Fundraiser to Benefit Chesapeake Voyagers, Inc.



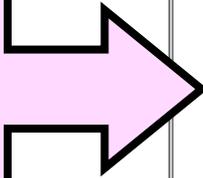
If you are asking yourself "What is a Quarter Auction?"
see description on back

GOT A FLYER?

Send it to:

ehorney@msmhs.org

and we'll publish it here





20th ANNIVERSARY

Defeating Stigma – One Film at a Time

Join us for the FREE showing of:

“HELL AND BACK AGAIN”



What does it mean to come home — injured physically and psychologically — and build a life anew? In *Hell and Back Again* two overlapping narratives are intercut — the life of U.S. Marine Sgt. Nathan Harris at war on the front, and Harris's in recovery at home — creating both a dreamlike quality and a strikingly realistic depiction of how Marines experience this war. Harris's return home to his wife in the U.S., after he is severely injured. He's in terrible physical pain but his psychological pain may be worse. This film offers a comprehensive look at Post Traumatic Stress Disorder.

WHERE: Kent Island Library
200 Library Circle, Stevensville, MD 21666

WHEN: Wednesday, November 14th

TIME: 6:00pm-8:00pm

GUEST SPEAKER:

Michael Bargiband
Maryland
Commitment to
Veterans

Reserve a seat today! ehorney@msmhs.org or by calling Erica Horney at 410-770-4801.

Main Street Housing Inc.

1st EVER

“SPAGANZA”

FUNDRAISER & SILENT AUCTION

Thursday, NOVEMBER 29, 2012 at 6:00 pm

Spaghetti
Extravaganza



Plated Pasta / Meat Balls / Salad
Fruit Platter / Bread Sticks / Dessert / Beverages

Door Prizes / Raffle / Silent Auction
Special Presentation by Executive Director: Ken Wireman

Adults- \$7.50 / Children - \$4.50

To purchase tickets please call or e-mail:
Gloria Bowen at 410-770-4801 Ext. 308 or Gloria@onourownmd.org

Hurry—Seating is Limited / Deadline is November 19, 2012

Location:
Elks Lodge / 5464 Elks Lodge Road / Cambridge, MD 21613

Information



Talbot County Early Head Start

Located at the Family Support Center
215 Bay Street Suite 1
Easton, MD 21601

Phone: 410.820.6940 Fax: 410.820.6958

October 17, 2012

To Whom It May Concern,

The Early Head Start program serves low income families who have children ages birth to three years of age, or who are expecting. The families attend the center on a volunteer basis because they are interested in improving their children's and their own educations. While at the center, the children receive socialization and participate in many developmental activities using the learning through play model. The parents engage in English, GED, Parenting, and Health related classes. The program is funded through the federal Head Start grant as well as through other smaller grants.

During the holidays, many of our families struggle with paying their own bills, let alone purchasing gifts to help their children experience a bright holiday season. We are asking local businesses, churches, individuals and other agencies that are willing to sponsor a family during the holidays. This would mean volunteering to purchase gifts for the children in the home and possibly food items for the family. We have 47 families enrolled and we hope to have every family sponsored, so that they can celebrate a joyful holiday season. Please contact Katie Sevon, Family Services Coordinator, at 410-820-6948 if you would like to help.

Sincerely,

Katie Sevon
Family Services Coordinator
Talbot County Early Head Start
410-820-6940



Friends of the Family, Inc.

Nurturing Children • Empowering Parents • Strengthening Families



YOUTH M.O.V.E. EASTERN SHORE

is a youth-led chapter of a national organization devoted to helping create constructive change in the lives of young people and the systems

(Juvenile Services, Mental Health, Education, Child

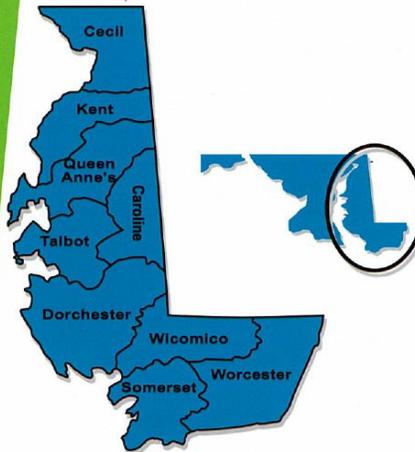
Welfare) that serve them.

Youth M.O.V.E. gives these young individuals the chance to address issues in their lives by creating youth groups and partnering with other organizations in their community.

Our youth also sit on committees and councils to represent youth.



Serving all nine counties on Maryland's Eastern Shore



RURAL CARES

29516 Canvasback Drive Suite 200

Easton, Maryland 21601

410-763-6645

FAX 443-926-0509

youthmoveeasternshore@gmail.com

Like us on Facebook!

Youth M.O.V.E. Maryland: Eastern Shore

Creating Positive Change



Motivating Others through Voices of Experiences

MISSION STATEMENT

We, the members of Youth M.O.V.E. Eastern Shore seek to work as a diverse collective. To unite the voices and causes of youth while raising awareness around youth issues, we will advocate for youth rights! We will help youth find a voice in behavioral health and the other systems that serve them, for the purpose of empowering youth to be equal partners in the process of change.

PURPOSE

To bring together voices of all youth on the Eastern Shore to create a positive change in their communities and in the systems that serve them including Behavioral Health, Child Welfare, Juvenile Services, Social Services, Schools, etc.

This brochure was funded under federal grant #SM059052 issued by the Substance Abuse and Mental Health Services Administration (SAMHSA), U.S. Department of Health and Human Services (HHS). Opinions expressed are those of the authors and do not necessarily reflect those of SAMHSA or HHS.

OUR VISION

Members of Youth M.O.V.E. Eastern Shore hope to foster new relationships within their communities and counties while working with the adults and agencies that serve youth. Through open dialogue, we hope to address challenges youth are facing and create a better quality of services.

We hope by including youth on boards, group discussions, committees, as well as other authentic youth involvement that we will prepare our youth to not only advocate for themselves but also create the future they have envisioned.

As youth, we realize that we are not always considered equal, but we deserve to be heard and taken seriously especially when the issues concern us. We look forward to a future where youth are treated and looked at as a crucial part of the communities they live in. We are not the lost generation. We are not just a caseload, a problem, or a statistic. We are capable and unique individuals. We will stand together as youth, supporters, professionals, caregivers, and youth advocates to see our youth succeed.



Building Bridges
to Change

WHAT WE DO!

- Youth Groups
- Community Volunteering
- Grow Leadership
- Promoting Youth Voice
- Public Speaking
- Advocacy
- Trainings
- Youth Retreats
- Create Positive Change



WHERE WE DO IT

In Our Communities!
Schools, Parks, Agencies, Organizations, & Churches

Within our State!
Policy, Governance Boards, Councils, & Committees

Across our Nation!
Conferences & Webinars

Join Us!

Dorchester County Youth MOVE Group:

Monday, 10/22/2012

5:00 PM – 7:00 PM

Dorchester County Library Meeting Room

Join Us!

Knowledge Application Program (KAP)

Blending Science and Service to Support Workforce Development and Expand Treatment Capacity

[Visit SAMHSA On the Web](#) • [About SAMHSA](#) • [Visit KAP On the Web](#) • [About KAP](#) • [Contact KAP](#)

The Substance Abuse and Mental Health Services Administration (SAMHSA) is pleased to announce the availability of “Behavioral Health Issues Among Afghanistan and Iraq U.S. War Veterans,” *In Brief*, Volume 7, Issue 1. Please read the announcement below and forward it to others who may be interested.

Best regards,
 KAP List Manager
 JBS International, Inc.
 301-495-1080

SAMHSA Announces **New Behavioral Health Resource About U.S. War Veterans**

Since 2001, more than 2.2 million U.S. veterans have served in Afghanistan (Operation Enduring Freedom) and Iraq (Operation Iraqi Freedom). SAMHSA’s “Behavioral Health Issues Among Afghanistan and Iraq U.S. War Veterans,” *In Brief*, Volume 7, Issue 1 introduces some of the behavioral health issues facing these veterans, including substance abuse, posttraumatic stress disorder, depression, and suicide. This *In Brief* also discusses screening tools and intervention.

The *In Brief* is a bulletin that provides nontreatment providers, including professionals from the primary care, criminal justice, and social work fields, with information on the prevention and treatment of behavioral health issues.

Download or order your free copy today!

The *In Brief* is available at <http://store.samhsa.gov> or through the link below:
[“Behavioral Health Issues Among Afghanistan and Iraq U.S. War Veterans,” In Brief, Volume 7, Issue 1](#)

Related Materials

Related Resources:

- [TIP 42: Substance Abuse Treatment for Persons With Co-Occurring Disorders](#)
- [TIP 50: Addressing Suicidal Thoughts and Behaviors in Substance Abuse Treatment](#)
- [“Treating Clients With Traumatic Brain Injury,” Substance Abuse Treatment Advisory, Volume 9, Issue 2](#)
- [Quick Guide for Clinicians Based on TIP 34: Brief Interventions and Brief Therapies for Substance Abuse](#)

Most Recent TIPs:

- [TIP 54: Managing Chronic Pain in Adults With or in Recovery From Substance Use Disorders](#)
- [TIP 53: Addressing Viral Hepatitis in People With Substance Use Disorders](#)

Do you have questions or comments, or do you wish to be removed from this list? Contact Lynda Moylan, KAP List Manager, at lmoylan@jbsinternational.com.

Use [this link](#) to forward this message to a friend or colleague.

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Get Involved in National Drug Facts Week



January 28–February 3, 2013

National Drug Facts Week (NDFW) is an opportunity for teens to interact with scientists and other experts about drug abuse. Help teens shatter the myths about drugs by hosting and promoting an event during the week of **January 28 to February 3, 2013**. To help you, the National Institute on Drug Abuse (NIDA) provides a toolkit with step-by-step suggestions for planning and promoting your event.

[Access the National Drug Facts Week Toolkit](#)

Register your event today and help provide our Nation's youth with the facts they need to succeed and make healthy decisions. By registering, you will have access to NIDA staff who can offer advice about successful events and information on how to get free NIDA materials designed for teens. Be a part of this health observance! NDFW offers teens essential, science-based information about drug abuse and addiction!

[Register Your Event](#)

Submissions Wanted for GRAMMY Foundation® and MusiCares® Teens! Make Music Contest



NIDA encourages young musicians age 14–18 to participate in the third annual GRAMMY Foundation® and MusiCares® Teens! Make Music Contest, now being coordinated by [The Partnership at Drugfree.org](http://ThePartnershipatDrugfree.org). Winners will be announced during NDFW. This contest provides a great opportunity for teens to share their thoughts through original music and/or music videos about healthy choices and the dangers of drug abuse. Winners win cash and a backstage experience at the GRAMMY Awards rehearsal in Los Angeles!

[Learn More About the MusiCares® Contest](#)

Submissions must be postmarked by December 3, 2012.

SAMHSA's New Publications

[SAMHSA News: Preventing Suicide Across the Nation](#)

Features a personal story of suicide survival and discusses the 2012 National Strategy for Suicide Prevention. Also reports on peer support in recovery, disaster response resources, youth tobacco sales, and new health benefits as a result of health reform. Inventory#: SAM12-203



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Substance Abuse & Mental Health Services Administration
1 Choke Cherry Road | Rockville, MD 20857 | 1-877-SAMHSA-7 (1-877-726-4727) | <http://www.samhsa.gov> | [Privacy](#)

SAMHSA is a public health agency within the U.S. Department of Health and Human Services. Its mission is to reduce the impact of substance abuse and mental illness on America's communities.

Required: Electronic Submissions for SAMHSA Grant Applications

Beginning in fiscal year 2013, SAMHSA discretionary grant applications, including new and continuation, must be submitted electronically through Grants.gov. **SAMHSA will not accept paper applications** except when a waiver of this requirement is approved by SAMHSA.

SAMHSA strongly encourages any organization intending to apply to a SAMHSA program to follow the Grants.gov [Organization Registration Checklist \[PDF - 357 KB\]](#) and to register now. Information on the advance registration necessary to submit applications may be found on Grants.gov.

Individual applicants may request a waiver of electronic submission, for instance, if they do not have the technological means or if their physical location receives poor-quality or intermittent connection to the Internet. More information about a waiver and the process to apply will be forthcoming on the SAMHSA website in November and also in each Funding Announcement.

[The Organization Registration Checklist \[PDF - 357 KB\]](#) provides registration guidance for a company; institution; state, local, or tribal government; or other types of organizations submitting for the first time through Grants.gov. **Registration takes approximately 3–5 business days; however, Grants.gov recommends that applicants allow 4 weeks for completion of all steps in the registration process.**

[Find What's New at Grants.gov](#)

Any questions may be directed to the Division of Grant Review, 240-276-1199.



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Substance Abuse & Mental Health Services Administration
1 Choke Cherry Road | Rockville, MD 20857 | 1-877-SAMHSA-7 (1-877-726-4727) | <http://www.samhsa.gov> | [Privacy](#)

SAMHSA is a public health agency within the U.S. Department of Health and Human Services. Its mission is to reduce the impact of substance abuse and mental illness on America's communities.

[News](#) | [Observances](#) | [Resources](#)

News

[Bullying and Youth Substance Use Have More in Common Than You Might Think](#)

October is Bullying Prevention Month and National Substance Abuse Prevention Month, a busy and important time for prevention efforts. New findings suggest that middle and high school students who bully their peers are more likely to use alcohol, cigarettes, and marijuana. See [Observances](#) for more information.

[White House Drug Policy Office Awards More Than \\$84 Million to Local Communities](#)

These grants will support local communities in preventing youth substance use and reducing the demand for drug consumption in the United States.

[Study Shows 54 Percent Decrease in Teen Drinking and Driving](#)

The Centers for Disease Control and Prevention analyzed data from the 1991–2011 national Youth Risk Behavior Surveys and found teens who drove when they had been drinking decreased by 54 percent.

[SAMHSA Awards up to \\$6 Million in Grants for Teen Court Program](#)

The grants will provide substance abuse treatment services and related recovery support services to youth with substance abuse and/or co-occurring treatment needs.

Observances

1–31 [October Is Bullying Prevention Awareness Month](#)

OCT

SAMHSA is committed to reducing the impact of bullying and will share information about bullying, its impact, and how everyone can take action against bullying.

1–31 [October Is National Substance Abuse Prevention Month](#)

OCT

This observance focuses on the role substance abuse prevention plays in promoting safe and healthy communities. Show your commitment to prevention by downloading, printing, and taking the [Prevention Pledge \(PDF - 140 KB\)](#).

Resources



[Training Toolkit: Creating a Safe and Respectful Environment in Our Nation's Classrooms](#)

[SAMHSA News: Preventing Suicide Across the Nation](#)

[Results From the 2011 National Survey on Drug Use and Health \(NSDUH\)](#)

[Quarterly Technical Assistance Journal on Disaster Behavioral Health \[PDF - 2.5 MB\]](#)