



# The Steering Wheel

Your resource for behavioral health trainings, events, program information, news, and more around the Shore.

December 2018

Volume 7, Issue 46

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## California Fire Survivors Dodged Death, Now They Need Mental Health Care

Escaping the inferno with nothing more than they held, people like Joe Pickett carry something else: trauma from losing it all.

By: Pauline Bartolone

11.21.18

*Daily Beast*

CHICO, California—The day the Camp Fire engulfed his home in Paradise, Joe Pickett spent hours narrowly dodging the inferno, fleeing past people burning to their deaths in cars and outside their homes.

“People were just running to save their own,” said 37-year-old Pickett, who was gearing up to go to work as a cook in a local restaurant that morning. “Nobody should see or go through what the majority of us did.”

Pickett spent the following 11 days camped out in the parking lot of the WinCo supermarket in Chico, living with his two dogs and a pet bird in a grey Nissan Xterra. Smoking plenty of marijuana and listening to the car radio has helped pass time as he’s waited to hear if he qualifies for federal disaster aid, he said.

“There’s times where I just tear up, and cry for a little while,” said Pickett about living in the SUV he borrowed from his brother. “I was at levels I’ve never been with stress, and just anger and sadness.”

A countless number of the Camp Fire’s initial 52,000 evacuees are likely grappling with the same ordeal as Pickett, and it’s unclear how many are getting mental health care for their trauma.

Survivors are burdened by more than just the painful memories of their escape. They’re navigating the stress of displacement. They may

Disclaimer: The information presented in this newsletter is intended for general use only. The content, views, and/or opinions expressed in the following newsletter originates from many different sources and contributors throughout the community. Please note that content does not represent or reflect the views and opinions of Mid Shore Behavioral Health, Inc. Mid Shore Behavioral Health, Inc. makes no representation or warranty as to the accuracy or any other aspect of material prepared by third parties, nor the information contained on linked sites.

be confused about how their property losses will be covered by insurance or buffered by the federal government. None of them are certain about how, when or where, they will set up a permanent home.

As of Tuesday morning, at least 12, 637 homes had been destroyed, and hundreds more commercial buildings were wiped out.

The Camp Fire is California's deadliest wildfire on record, have killed 79 after it exploded on Nov. 8, 100 miles north of Sacramento. The number of people unaccounted for stood at a daunting 699 as of Tuesday morning.

"It's more than a disaster, it's also a mass casualty," said Ann Looby, an American Red Cross volunteer who is staffing the evacuation shelter at Bidwell Junior High School in Chico, which she says held 70-80 people on Monday.

As much as she can, Looby's tending to the mental health needs of the shelter's temporary residents. With a Ph.D. in psychology, and a warm wrinkly face, 74-year-old Looby roams the outdoor halls of the repurposed middle school, smiling and making small talk with passers-by. She stops to counsel evacuees wherever they are, checking in on grief-stricken survivors that staff or others flag for her.

"Sometimes the kitchen staff says, 'Somebody came to the line today and was crying, can you talk to them?'" says Looby.

Looby's job, she says, is to listen to survivors' stories, and connect them to more permanent support services.

"Every time they tell their story, they heal a little more," said Looby.

Workers with the Butte County Department of Behavioral Health are dropping in on the shelters to check in on residents who were connected with social services before the fire.

At the Federal Emergency Management Agency's disaster recovery center in the Chico Mall, evacuees can get psychological support just steps away from where they apply for disaster-related federal cash aid or housing vouchers.

Deborah Laughlin, 63, is currently staying at the Bidwell evacuation shelter after losing everything in the Camp Fire, including her home in Paradise, her psychiatric medication, and even her false teeth.

She said she was already dealing with post-traumatic stress before the fire because she was a victim of childhood sexual abuse.

"I thought that I had put it all in my past," said Laughlin, but any time she deals with a major stressful life event, she said, the past "all comes fluttering back."

When Laughlin first got to the shelter without her psychiatric medication, she says she lashed out at a visiting doctor, and was “more overwhelmed than a lot of people would be.”

Laughlin, who now recounts her story of misfortune in a calm and matter-of-fact tone, said she’s now more stable because Red Cross workers helped get her medication dispensed and picked up from a nearby pharmacy.

Another Bidwell shelter resident, 27-year-old Chris Stare, is working through his feelings of survivor’s guilt by drawing colorful geometric art on white pieces of paper and handing them out to other evacuees.

“I’m trying to stick to cool colors. I don’t want to remind people too much of the fire with all the reds and the yellows,” he said.

Stare had only recently moved into a friend’s house in Magalia from Oregon six months ago, and didn’t know many people in the area. But he said he feels heartbroken for all the Paradise-area residents who lost the town they worked so hard to build.

“Beforehand, I really [didn’t] cherish my life too much” said Stare. “I realize now that the only thing I can do is to try to try to cherish it for those people who lost their lives.”

Although Looby said the Camp Fire is one of the worst disasters she’s seen among the 30 relief efforts she’s staffed for American Red Cross, she’s heartened by the outpouring of support she sees for folks in need.

Survivors find a way to move on, Looby said. “The resilience of people is remarkable.”

Article: <https://www.thedailybeast.com/california-fire-survivors-dodged-death-now-they-need-mental-health-care?ref=scroll>

## QAC Goes Purple - 3 Minute (POST Campaign) Survey November 2018-January 2019

The survey is completely anonymous.

This quick POST survey is being distributed to help the QAC Drug Free Coalition understand if their partnership efforts were effective to educate the public about ways to prevent and reduce opioid addiction in Queen Anne's County, as a result of the Purple Campaign conducted from September through November 2018. A similar survey was distributed prior to the Purple Campaign this year. You are welcome to complete this POST survey whether or not you completed the PRE Survey. The survey is intended for ages 18 and over. However, with parent permission, individuals ages 16-17 may also participate. Please provide an HONEST response to each of the following nine questions. This POST survey will be open from now through January 31, 2019. Thank you so very much for participating!

[https://www.surveymonkey.com/r/  
PostQACPurpleCampaign18](https://www.surveymonkey.com/r/PostQACPurpleCampaign18)

# Job Openings

## ALCOHOL AND DRUG SUPERVISED COUNSELOR

### FULL-TIME CONTRACTUAL

Recruitment #18-001561-0007

**DEPARTMENT** MDH Local Health- Kent County

**DATE OPENED** 12/6/2018 11:59:00 PM

**FILING DEADLINE** 12/20/2018 11:59:00 PM

**SALARY** \$16.49 - \$21.19/hour

**EMPLOYMENT TYPE** Full-Time

**HR ANALYST** Carolyn Chase

**WORK LOCATION** Kent

If interested please go to [dbm.maryland.gov](http://dbm.maryland.gov), state jobs, latest job postings, Search for Kent County.

## GRADE

12

## LOCATION OF POSITION

MDH, Kent County Health Department, A. F. Whitsitt Center, Chestertown, MD

## Main Purpose Of Job

The Alcohol and Drug (A/D) Supervised Counselor is the full performance level of work, at the Certified Associate's Degree level, counseling clients with substance use disorders by using intervention, treatment and rehabilitation.

## MINIMUM QUALIFICATIONS

**Education:** Determined by the Maryland State Board of Professional Counselors and Therapists under the requirements for Certified Supervised Counselors-Alcohol and Drug.

**Experience:** Determined by the Maryland State Board of Professional Counselors and Therapists under the requirements for Certified Supervised Counselors-Alcohol and Drug.

## LICENSES, REGISTRATIONS AND CERTIFICATIONS

1. In accordance with Health Occupations Title 17 and Code of Maryland Regulations 10.58.07, candidates appointed to positions in this classification must be eligible for and obtain certification by the Board of Professional Counselors as a Certified Supervised Counselor-Alcohol and Drug prior to permanent appointment. **A copy of your license must be attached to the application.**

2. Employees in this classification may be assigned duties which require the operation of a motor vehicle. Employees assigned such duties will be required to possess a motor vehicle operator's license valid in the State of Maryland.

## SPECIAL REQUIREMENTS

1. Employees in this classification are subject to substance abuse testing in accordance with Code of Maryland Regulations 17.04.09, Testing for Illegal Use of Drugs.

2. Employees in this classification perform the work in a Joint Commission for the Accreditation of Healthcare Organizations

# *For All Seasons, Inc. seeks Mental Health Clinical Team Member for Denton Office*

*For All Seasons, Inc. is a private, non-profit human services agency offering outpatient mental health services, including psychiatry, for children, youth and adults, and crisis support for victims of rape, sexual assault and other traumas. We provide support and services to all individuals, groups, organizations and communities throughout the Mid-Shore to assist, maintain and enhance social functioning regardless of race, religion, income, sex or age.*

## **JOB RESPONSIBILITIES:**

- Provide quality therapeutic care that is appropriate to the age, diagnoses, developmental state, and mental status of individuals, families, and groups as assigned to caseload.
- Assess client's strengths, needs, abilities and preferences; formulates a diagnostic impression based on current DSM criteria; and in conjunction with the client, develops an individualized person-centered treatment plan.
- Complete assessments, treatment plans, progress notes, discharge summaries, OMS authorizations, and other chart related documents and correspondence for assigned clients in a timely manner.
- Provide direct behavioral health services (i.e., psycho/social assessments, consultation, individual/group/ family therapy, professional in-service training and community education services, etc.)
- Make necessary referrals to community resources, complete and file paperwork associated with referral in chart.
- Participate in treatment team to promote collaboration in developing strategies and interventions that promote wellness outcomes for all agency clients.
- Attend regularly scheduled supervision and prepare with relevant case presentations, specific questions, ethical dilemmas, concerns, etc. to discuss with direct supervisor.
- Maintain appropriate state license/registration/certification, which includes prescribed continuing education requirements for professional licensing board.
- Follow all HIPAA compliance and confidentiality policies and procedures in all areas of work in accordance with FAS policies and applicable laws.

## **QUALIFICATIONS:**

- Minimum of Master's Level Education and appropriate licensure.
- Ability and willingness to travel as assigned, but would be based in Denton.
- Ability to manage self and maintain a calm environment in crises situations.
- Effective written and oral expression
- Cooperative, positive, and enthusiastic attitude toward fellow employees, clients and visitors.
- Prompt and on time for work, assignments and meetings.
- Complete assigned tasks in a timely manner with little supervision.
- Knowledgeable of Microsoft Office
- LCSW-Cs are preferred but LMSWs are encouraged to apply

Resumes with Cover Letters can be emailed to  
[ehorney@forallseasonsinc.org](mailto:ehorney@forallseasonsinc.org).

# *For All Seasons, Inc. seeks Victim Advocates*

*For All Seasons, Inc. is a private, non-profit human services agency offering outpatient mental health services, including psychiatry, for children, youth and adults, and crisis support for victims of rape, sexual assault and other traumas. We provide support and services to all individuals, groups, organizations and communities throughout the Mid-Shore to assist, maintain and enhance social functioning regardless of race, religion, income, sex or age.*

## **JOB RESPONSIBILITIES:**

- Respond to victims of domestic and sexual violence and child sexual abuse in the Mid-Shore region to address the immediate emotional and physical needs of victims, as scheduled.
- Provide after-hours advocacy support for victims at Chester River, Dorchester General or Easton Memorial Hospitals, as well as Mid-Shore police departments on a rotating basis.
- Assist victims of domestic violence, sexual assault, human trafficking, and child sexual abuse with managing problems created by victimization; including supporting their decisions and choices by using trauma-informed care.
- Advocate in the community for FAS clients who have experienced domestic violence, sexual assault, human trafficking, or child sexual abuse.
- Coordinate support and advocacy groups for the community.
- Assist in preparing clients for court proceedings, attend meetings with clients, accompany client to court, and law enforcement interviews, and debrief following court, etc.
- Link victims to community resources by providing case management services, as needed.
- Participate in treatment team to promote collaboration in developing strategies and interventions that promote wellness outcomes for all agency clients.
- Collaborate on reporting of financial, statistical, and narrative reports for funding sources.
- Attend regularly scheduled supervision and prepare with relevant case presentations, specific questions, concerns, etc. to discuss with direct supervisor.
- Utilize culturally sensitive approaches to meet the diverse needs of clients.
- Strive to increase professional growth through continuing education on relevant topics.
- Ability and willingness to travel as assigned.
- Capable of lifting and carrying up to 10 pounds.
- Carry out other responsibilities as assigned.

## **QUALIFICATIONS:**

- Bilingual Preferred
- Minimum of high school diploma or GED.
- Applicants must have completed the 32 hour advocacy training from MD Coalition Against Sexual Assault (MCASA) OR have a minimum of 2 years of experience working with victims.
- Ability and willingness to travel as assigned.
- Ability to manage self and maintain a calm environment in crises situations
- Effective written and oral expression.
- Cooperative, positive, and enthusiastic attitude toward fellow employees, clients and visitors.
- Prompt and on time for work, assignments and meetings.
- Complete assigned tasks in a timely manner with little supervision.
- Knowledgeable of Microsoft Office

Resumes with Cover Letters can be emailed to [ehorney@forallseasonsinc.org](mailto:ehorney@forallseasonsinc.org).



“

[This work] has made **a huge difference** and been transformative in the organizational culture, how we treat patients and how we treat each other.”

— **Trauma-Informed Learning Community Participant**

Resilience is the process of adapting well in the face of trauma, such as physical or sexual abuse, neglect or family dysfunction. And what is one of the most important factors in building resilience? Healing, hopeful, honest and trusting relationships.

Those relationships are the heart of the work we do and the people we serve. The National Council for Behavioral Health’s 9th [\*\*Trauma-Informed, Resilience-Oriented Approaches Learning Community\*\*](#) is a year-long initiative that provides you with the resources to nurture resilience among clients, peer support workers, patients and staff.

Through two in-person summits, a series of coaching calls, webinars and a listserv of peers and experts at your fingertips, you’ll be able to respond to your organizational and community needs and learn how to:

- Implement trauma-informed approaches throughout your organization.
- Improve intake, screening and assessment for trauma and resilience.
- Adopt trauma-informed, resilience-oriented best practices for your clients.
- Build resilience in your workforce to prevent secondary traumatic stress and compassion fatigue.
- Make your community a safe environment where clients heal and staff thrive.

### [\*\*APPLY TODAY\*\*](#)

Applications to participate in the 2019-2020 Learning Community are **due by 11:59 p.m. ET on Saturday, December 15, 2018.**

Need more information? [\*\*Watch a recording\*\*](#) of an informational webinar featuring our trauma experts and learn what the 9<sup>th</sup> Learning Community can do for you and your organization.

# Art-Based Techniques as a Clinical Intervention for Suicidal Clients

**JANUARY 10, 2019  
9:00 AM - 11:00 AM  
CATONSVILLE, MD  
2 FREE CEUS!**

- Learn the theory of art therapy, basic techniques used in art therapy, and explore cultural and diversity considerations when using art-based techniques with clients.
- Understand the scientific and biological basis for art-based therapy techniques and approaches.
- Become familiar with the application of the altered book technique.

**Register at  
[mdspin.eventbrite.com](http://mdspin.eventbrite.com)**

Sponsored by the Maryland Behavioral Health Administration's Office of Workforce Development and Training.

The Office of Workforce Development and Training is authorized by the Maryland Board of Professional Counselors and Therapists to sponsor continuing education programs for Category A CEU (2), the Maryland Board of Social Work Examiners to sponsor social work continuing education programs for Category I CEU (2), the State Board of Examiners of Psychologists and the Maryland Association of Prevention Professionals & Advocates to sponsor continuing education programs for CEU (2). Participants must attend all hours of the training and submit an evaluation to receive a certificate. The Office of Workforce Development and Training maintains full responsibility for this program.

**MARYLAND  
SPIN**

Suicide Prevention and Early Intervention Network



Recovery Centers of America  
AT BRACEBRIDGE HALL

314 Grove Neck Road | Earville, MD 21919

## Treating the Family in Addiction: The Forgotten Patient

**Date:** January 24, 2019

**Time:** 9:00 AM - 12:00 PM

**Presenter:** Trish Caldwell, MFT, LPC,  
CCDP-D, CAADC, CCTP

**Location:** Recovery Centers of America  
at Bracebridge Hall  
314 Grove Neck Road  
Earville, MD 21919

Treating the Family in Addiction: The Forgotten Patient

This training will explore the importance of family engagement and identify key reasons for the necessity for families to remain engaged in their loved one's treatment. Participants will explore the historical value of families being involved in substance use treatment, how familial roles can affect treatment and the messages received by their loved one currently in treatment and learn effective family therapy tools to help engage families.

### Objectives:

- Identify 5 reasons for families to remain involved
- Identify 5 familiar patterns learned within a family system
- Provide basic understanding of the goals of family therapy
- Learn 3 different family therapy approaches that can be used to engage families

### Trainer Bio:

**Trish Caldwell, MFT, LPC, CCDP-D,  
CAADC, CCTP**

Trish Caldwell MFT, LPC, CCDP-D, CAADC, CCTP, Family Services Director for Recovery Centers of America and is also an adjunct professor at Jefferson University. Trish is a licensed clinician, marriage and family therapist and is certified in both co-occurring disorders and substance use. Trish has been a therapist for over 25 years and has worked extensively with families, adults and adolescents with co-occurring behavioral health and substance use disorders in various settings including outpatient, residential, schools and community agencies. She is trained in DBT and is a certified Trauma professional and a certified mentor trainer of trauma. Additionally, Trish created the first Young Offenders Treatment Program in Delaware County, serving first time offenders with Drug charges. Trish has been the Keynote speaker for the PAYS Summit, the Suicide Prevention Conference and Magellan behavioral health conference. Additionally, she has provided in-service training for several PA school districts and has trained law enforcement officers on drug trends for the CIT program. She has also presented at the Annual Trauma conference, the Cape Cod Symposium, and the annual conference for the American Association for Marriage and Family Therapists (AAMFT). Trish specializes in ADHD, Opioid Use in young adults, Trauma informed care, Developmental trauma, Trauma and Substance Use disorders, Trauma and the Family System, Family Engagement, and Substance use for today's teens. Trish holds her MFT from Drexel University and is licensed and certified in the state of PA.

Recovery Centers of America is a NAADAC approved education provider (#155307). This course qualifies for 3 contact hours. NAADAC approved CE(s) are accepted by most state licensing and certification boards. Please contact your credentialing board or visit NAADAC's website for CE acceptance information: [www.naadac.org/naadac-ce-acceptance](http://www.naadac.org/naadac-ce-acceptance).

**CALL 1-800-RECOVERY | REGISTER ONLINE AT: [RECOVERYCENTERSOFAMERICA.COM/EVENTS](http://RECOVERYCENTERSOFAMERICA.COM/EVENTS)**

# *Sunrise Residential Rehabilitation Program*

## **OPEN HOUSE**

**Monday December 17<sup>th</sup> @ 3:00pm-5:00pm**

**216 E. Main Street  
Elkton, MD 21921**

*Please RSVP:*

Contact: Nicole Hurd • Call: 443-907-7058

• Email: [nhurd@upperbay.org](mailto:nhurd@upperbay.org)

Please join us at our Group Home to learn more about the Sunrise Residential Program and see the program locations! *Light refreshments will be provided.*



[Mentor Health](#)

We Train Healthcare Professionals

Live Webinar

[HIPAA Texting, Emailing, and  
Personal Devices - New Guidance](#)

[Register Now](#)

Wednesday  
January 16,  
2019

10:00 AM PST |  
01:00 PM EST

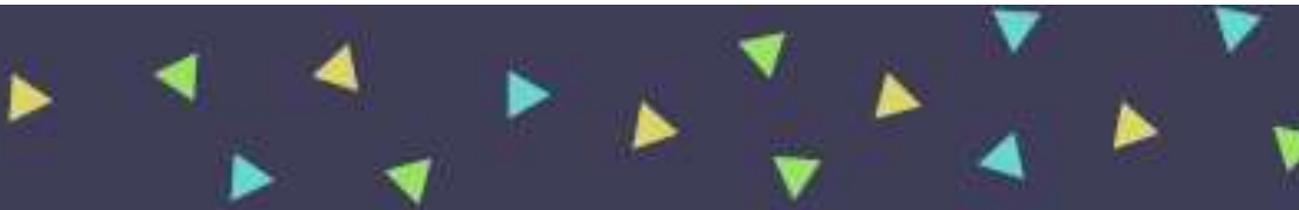
Duration: 90  
Minutes

This 90-minute webinar will be going into great detail regarding your practice or business information technology and how it relates to the HIPAA/HITECH Security Rule and securing PHI in transmission.

I will go through multiple examples and specific scenarios and also offer simple common-sense solutions. Areas covered will be texting, email, encryption, medical messaging, voice data, personal devices, and risk factors.

### **Speaker Profile**

Brian L Tuttle, CPHIT, CHP, CBRA, Net+, A+, CCNA, MCP is a Certified Professional in Health IT (CPHIT), Certified HIPAA Professional (CHP), Certified HIPAA Administrator (CHA), Certified Business Resilience Auditor (CBRA), Certified Information Systems Security Professional (CISSP) with over 18 years' experience in Health IT and Compliance Consulting...



**COME AND JOIN THE  
F.U.N.**

**FAMILIES UNDERSTANDING NURTURING**

**Starts Wednesday January 9, 2019 @ 5:30pm  
215 Bay Street #1 Easton, MD**

*Free eleven week group for families to learn new ways to understand one another and have fun together using the evidence based Nurturing Parenting curriculum.*

**[Dinner & child care provided]**

**\*\*Register by calling Lindsay @ 410-770-5750\*\***



**Bereaved Parent Grief Support Group** — First Monday of each month; Dec. 3 and Jan. 7. From 6:30 to 8:30 p.m. at Compass Regional Hospice, 255 Comet Drive, Centreville. A drop-in group for individuals, 18 and older, dealing with the loss of a child. For more information, contact Rhonda Knotts at 443-262-4109 or [rknotts@compassregionalhospice.org](mailto:rknotts@compassregionalhospice.org).

**HALOS-Healing After a Loved One's Suicide Grief Support Group** — Second Wednesday of each month; Dec. 12 and Jan. 9. From 6:30 to 8:30 p.m. at Compass Regional Hospice, 255 Comet Drive, Centreville. A drop-in group for individuals, 18 and older, dealing with the loss of a loved one from suicide. For more information, contact Rhonda Knotts at 443-262-4109 or [rknotts@compassregionalhospice.org](mailto:rknotts@compassregionalhospice.org), or Wayne Larrimore at 443-262-4108 or [wlarrimore@compassregionalhospice.org](mailto:wlarrimore@compassregionalhospice.org).

**Drug Overdose Grief Support Group** — Third Thursday of each month; Dec. 20 and Jan. 17. From 6:30 to 8:30 p.m. at Compass Regional Hospice, 255 Comet Drive, Centreville. A drop-in group for individuals, 18 and older, dealing with the loss of a loved one from drug overdose. Please join us for dinner and conversation/discussion. There also may be special guests or presenters to the group from time to time. There will be a special guest during the January meeting. For more information, contact Rhonda Knotts at 443-262-4109 or [rknotts@compassregionalhospice.org](mailto:rknotts@compassregionalhospice.org), or Linda Turner at 443-262-4120 or [lturner@compassregionalhospice.org](mailto:lturner@compassregionalhospice.org).

**All Losses Grief Support Group** — Fourth Tuesday of each month. **Due to the Christmas holiday, there will be no group meeting in December. The group will begin its regular meetings again on Jan. 22.** From noon to 1:15 p.m. at the Caroline County Public Library, Federalsburg branch, 123 Morris Ave., Federalsburg. A drop-in group for individuals, 18 and older, who have experienced any type of loss. Please bring a lunch. For more information, contact Wayne Larrimore at 443-262-4108 or [wlarrimore@compassregionalhospice.org](mailto:wlarrimore@compassregionalhospice.org).



## PROVIDER ALERT

### PROVIDER COUNCIL MEETING REMINDER - DECEMBER 2018

DECEMBER 12, 2018

This is a reminder of the "Provider Council Meeting".

Topic: Provider Council Meeting

Host: Donna Shipp

Date: Friday, December 14, 2018

Time: 10:00 am, Eastern Daylight Time (New York, GMT-04:00)

Session Number: Not Available

Registration password: This session does not require a registration password.

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To register for this training session  
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Go

to <https://beaconhealthoptions.webex.com/beaconhealthoptions/k2/j.php?MTID=t5ffe482c26d877ef4568421505264aef> and register.

Once you are approved by the host, you will receive a confirmation email with instructions for joining the session.

Note: If you have already registered for this session, you do not need to register again.

Can't register? [Contact support.](#)

Click here to access [December Provider Council Agenda 12.14.18](#)

Click here to access [November Provider Council Minutes 11.9.18](#)



**CORRECTED**  
**MEDICAID SERVICES AVAILABLE**  
**IN A NURSING FACILITY**

**DECEMBER 12, 2018**

This provider alert serves to remind Behavioral Health providers of the Maryland Medicaid policy for reimbursement of behavioral health services provided in nursing facilities. The Department reimburses Medicaid enrolled specialty behavioral health providers, as defined in COMAR 10.09.59 and COMAR 10.09.80, who bill using the codes listed below with a nursing facility place of service (POS 31 or 32).

Providers separate from the nursing facility may be reimbursed for the codes listed below as long as medical necessity criterion is met. Below is the list of codes that may be reimbursed by Maryland Medicaid for participants in a nursing facility.

See the attached document for more information on PASRR. Please contact the Department at [mdh.mabehavioralhealth@maryland.gov](mailto:mdh.mabehavioralhealth@maryland.gov) for questions related to this provider alert. For more information and service rules, please see the Beacon provider manual.

Click here to access: [Corrected - Services Billable to Nursing Facility](#)

Click here to access: [Older Adult Behavioral Health Preadmission Screening and Resident Review](#)

**MDH TRANSMITTAL**

**BEHAVIORAL HEALTH SERVICES AVAILABLE**  
**TO NURSING FACILITY RESIDENTS**

**DECEMBER 12, 2018**

Attached you will find the Maryland Department of Health (MDH) notice on Behavioral Health Services Available to Nursing Facility. Please feel free to share with your colleagues.

Click here to access [MDH - PT 09-19 Behavioral Health Services Available to Nursing Facility](#)



## **PROVIDER ALERT**

### **REMINDER - FREDERICK 2018 REGIONAL FORUMS REGISTRATION FORM**

**DECEMBER 6, 2018**

Attached is the 2018 Regional Forums Social Determinants of Health: Employment and Income Supports Registration Form. Please feel free to share with colleagues and have appropriate staff attend as necessary.

Click here to access [REMINDER - 2018 Regional Forum Social Determinants Registration Form](#)

## **MDH TRANSMITTAL**

### **MEDICAID PROGRAM UPDATES FOR WINTER 2018**

**DECEMBER 12, 2018**

Attached you will find the Maryland Department of Health (MDH) notice on Updates for Winter 2018. Please feel free to share with your colleagues.

Click here to access [MDH PT 10-19 Medicaid Program Updates for Winter 2018](#)

## **PROVIDER ALERT**

### **SYSTEMS AVAILABILITY – 12/14/2018**

**DECEMBER 7, 2018**

Beacon Health Options ProviderConnect System will be unavailable on:

Friday, December 14, 2018 from 9:00 PM (ET) until

Saturday, December 15, 2018 at 3:00 PM (ET) for scheduled enhancements.

Clinical services will be available for consumer crisis calls and urgent provider pre-certifications via the Beacon Health Options telephone number, [1-800-888-1965](tel:1-800-888-1965).

Thank you for reading!

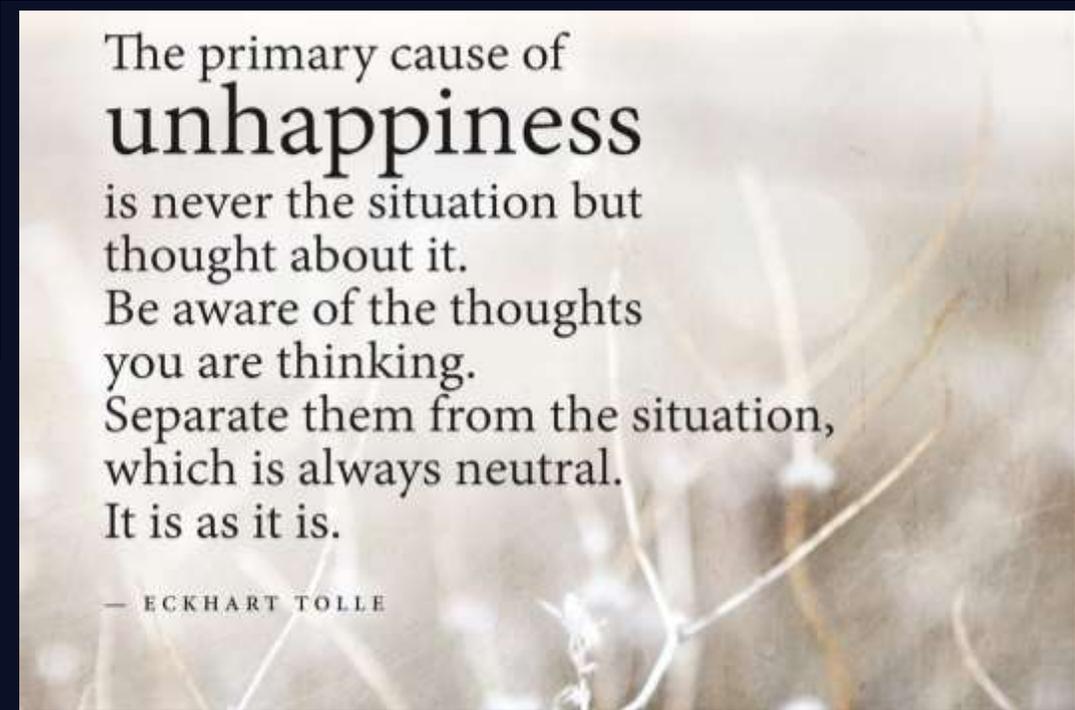
For future submissions to our newsletter please email me directly at [lpollard@midshorebehavioralhealth.org](mailto:lpollard@midshorebehavioralhealth.org)

See you next week!

As always, we hope this newsletter has encompassed useful resources from our region.

About MSBH:

“The most important core value of our organization is hope: The belief that resiliency and recovery are real provides the essential and motivating message of a better future – that people and communities can, and do, overcome the internal and external challenges, barriers, and obstacles that confront them in order to achieve wellness.”



The primary cause of  
**unhappiness**  
is never the situation but  
thought about it.  
Be aware of the thoughts  
you are thinking.  
Separate them from the situation,  
which is always neutral.  
It is as it is.

— ECKHART TOLLE