



The Steering Wheel

Your resource for behavioral health trainings, events, program information, news, and more around the Shore.

December 2018

Volume 7, Issue 45

IN THIS ISSUE

- Announcements pg. 3
- Webinars/ Trainings pg. 4
- Community Events pg. 11
- Closing pg. 16

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Looking up patients online: Why it's a bad idea

Current Psychiatry. 2018 November;17(11):50-51

By Tyler R. Stoltz, MD Kaustubh G. Joshi, MD

Searching for someone on the Internet and viewing his or her social media profile is an effective way to obtain information about people, including patients. Following our patients' "digital footprint" may help us understand the context of their lives, reconcile discrepancies in what they have told us, or allow us to confront denial and address incomplete reporting.¹ However, perusing our patients' online profiles could negatively impact treatment and adherence. Consider these factors before looking up your patients' online profiles.

Inaccurate information. Information on the Internet, especially what you can find on user-generated forums, is largely unregulated; as a result, the veracity of that information cannot be guaranteed.¹ Patients may choose to portray themselves inaccurately on their online profiles, and their identities often cannot be confirmed. Even if some information is accurate, you might discover things that you did not expect to learn about your patients, including important information that they did not share, or even something they lied about. This can create the conundrums of what to do with such information and how to discuss it at the next visit.

Impact on treatment. Despite patients' online activities being displayed for the world to see, many patients do not expect their clinicians to access their online information. They might perceive such perusal as a breach of

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trust, which might lead some to view the doctor–patient relationship as adversarial. Accessing this information also could create a more intimate relationship than intended. Even if a clinician acquires consent to perform a search, patients may still feel coerced into allowing it because they might feel that declining to grant permission would make the clinician suspect that they have something to hide, or that the clinician would search without consent.

In addition, if patients are aware that their psychiatrists are monitoring them, they might change their behavior. For example, they may delete certain data, add additional information that may not be accurate, or censor future social media posts. Knowing that their clinicians could be paying attention to them around the clock also might motivate certain patients to act out more or become withdrawn.

Possible medicolegal repercussions. If clinicians are able to access their patients' electronic profiles, are they then legally obligated to monitor them? For example, if a patient who posts a picture with a noose around his neck later completes suicide, does the clinician who intermittently monitored this patient's online profile face legal ramifications for not seeing the post? Do clinicians have to call 911 for vaguely suicidal tweets? What responsibilities does a clinician have at the first sign of an innocuous "sad" emoji? The sheer volume of online content that patients can create over different outlets is staggering. It can be overwhelming and ineffective to attempt to monitor patients' online activities in addition to attending to one's usual clinical duties, and the medicolegal repercussions of doing so are largely unknown.

Before searching the Internet to learn more about your patients, first consider the ramifications of doing so. While such searches could be helpful, they may lead to poor adherence, a lack of trust, or legal quagmires.

Article: https://www.mdedge.com/psychiatry/article/178217/practice-management/looking-patients-online-why-its-bad-idea?utm_source=Clin_CP_eTOC_112818_F&utm_medium=email&utm_content=Bright%20light%20therapy%20for%20bipolar%20depression

EMPLOYMENT OPPORTUNITIES

BOARD OF CHILD CARE
of The United Methodist Church, Inc.



JOB TITLE: Supervisor- Denton Campus

JOB SUMMARY: Understands and implements policies according to agency standards, effectively works as a member of an interdisciplinary team, and supervises direct care staff. Provides direct childcare services, ensures that twenty four hour, seven day a week, child care services are met.

JOB TITLE: Child Care Worker

JOB SUMMARY: The child care worker provides direct childcare services, ensures that day-to-day supervision of residents is consistent with BCC's standards and effectively works as a member of an interdisciplinary team.

Category of Employment: Hourly / Non-exempt

JOB LOCATION: Board of Child Care - Denton Campus - 27993 Substation Rd, Denton, MD 21629

JOB TITLE: Therapist

FLSA Classification: Exempt

JOB SUMMARY: To provide individual, group and family therapy to children, adolescents, and their families; develop/implement Individual Treatment and Transition/Discharge Plans; maintain current and accurate case documentation; conduct clinical assessments; complete activity and performance reports.

Director of Community Programs/ Chief CPA Administrator

Office Location: Baltimore Maryland

FLSA Classification: Exempt

JOB SUMMARY: The Director of Community Programs, provides effective leadership and management to uphold The Board of Child Care's Trauma Informed Care Culture for clients, families, key stakeholders and talent to contribute to sustainable change.

This position has direct responsibility for the Treatment Foster Care Program, Adoptions, Community Based Group Homes, Independent Living Program and the Alumni House. The Director of Community Programs provides adaptive leadership through supportive coaching and mentoring to the care team, including direct care, clinical, supervisory and support talent to inspire and encourage our workforce and promoting integrity. He/She ensures the creation of strong systems, while supporting the teams to embrace possibilities and develop creative solutions to ensure the demands of the program are exceeded. The Director of Community Programs ensures the fidelity of the program components and ensures that systems of accountability exist to sustain the treatment expectation. The Director of Community Programs is responsible for the outcomes of the program and is responsible to identify and problem solve when data indicates that the program is not meeting the needs of the youth and families served through identified benchmarks. The Director of Community Programs will provide supports and oversight to the leadership team of the program, while promoting and participating in continuous quality improvement efforts.

To learn more about any of these employment opportunities or to apply please contact Karen McGee at kmcgee@BoardofChildCare.org

School based mental health opportunity

Enriching clinical opportunity available with *Eastern Shore Psychological Services*

Join our team as school-based therapist serving students of Talbot County

Full-time or Part-time positions available -

Licensed master's Level clinician required

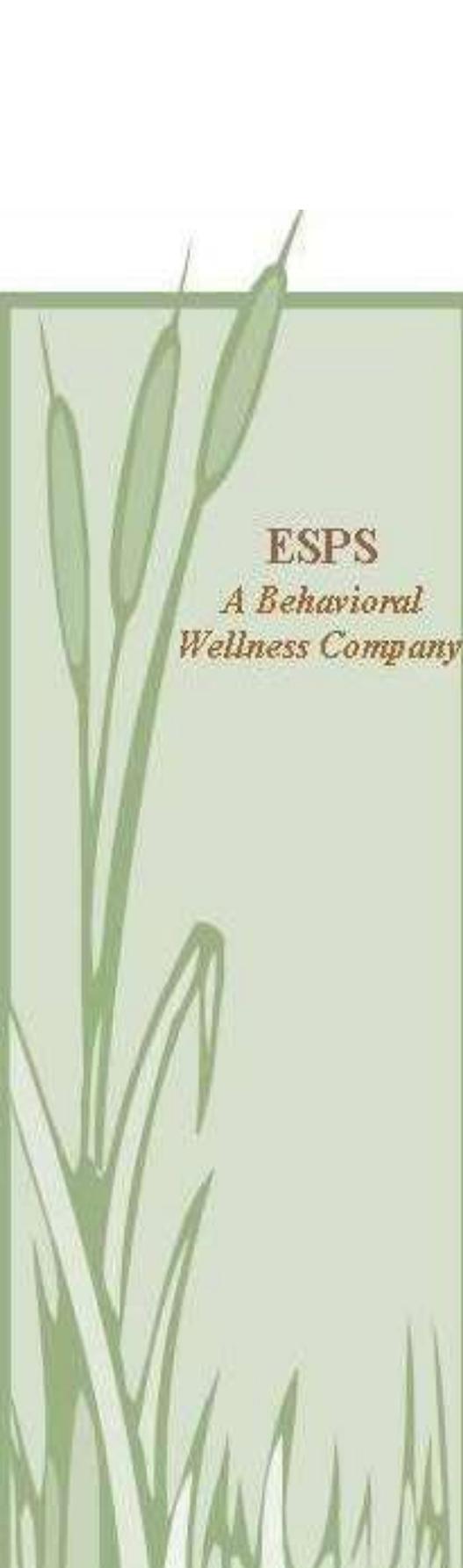
Competitive benefits, quality supervision and training opportunities are offered in a diverse and rich team oriented environment.

Eastern Shore Psychological Services has been providing mental health treatment to the Eastern Shore for 20 years with a reputation for providing high quality clinical services to the Eastern Shore.

Contact: Ben Kohl, PhD, Mid-Shore
Director of Programs

b.kohl@espsmd.com

410-822-5007 ext: 1205



ESPS
*A Behavioral
Wellness Company*

8th Annual Conference - "Linking Mental Health to Academic Success: Strengthening the Workforce for Successful Family Engagement"

November 30, 2018

Chesapeake College

9:00am-4:30pm

Cost- \$60, 5.0 CEU's

Continental Breakfast/Lunch Provided

Welcome to the 8th Annual ESSMHC Conference "Linking Mental Health to Academic Success: Strengthening the Workforce for Successful Family Engagement". The conference will be geared to professionals, families, and community members interested in improving the outcomes of children and families on the Shore. An important goal of the ESSMHC is to promote the social and emotional wellness of all students and to create partnerships with stakeholders who are invested in providing quality interventions and supports for children who may have behavioral health needs that can interfere with their ability to meet their academic potential.

Welcome and Introductions

Shanna Wideman, M.A., Chief, Child and Adolescent Substance Use Service Behavioral Health Administration *on behalf of* **Barbara J. Bazron, Ph.D.**, Deputy Secretary for Behavioral Health Administration, Maryland Department of Health

Dr. Carol Williamson, Deputy Superintendent, Office of Teaching and Learning, Maryland State Department of Education

Keynote Speaker

Shira Cavalieri, LCPC, R-DMT, RYT- Behavioral Health System Baltimore

[REGISTER HERE](#)



Mental Health First Aid - Older Adults

November 30, 2018

MENTAL HEALTH FIRST AID – OLDER ADULT TRAINING

**November 30th, 2018 – Worcester County Health Department, Room
#165/166**

6040 Public Landing Rd., Snowhill, MD 21863

Sign-in 7:45am

8:00am - 5:00pm

PLEASE BRING LUNCH

CEU's available for social work, psychology, counseling, and nursing

\$25.00 Registration Fee

Instructors: Mary Gregorio and Lynn Sanchez

About Older Adult Mental Health First Aid:

- **Evidence-based training that teaches the signs and symptoms of mental health disorders.**
- **Provides individuals with tools to respond to a mental health emergency until professional help arrives.**
- **Teaches people how to identify risk factors and signs of mental health and substance use problems most commonly experienced by older people and equips participants with the knowledge and skills needed to reach out and offer support at a time when it is greatly needed.**
- **Designed for those who work with and care for older adults.**

This activity has been submitted to UM Shore Regional Health for approval to award contact hours. UM Shore Regional Health is an approved provider of continuing education by the Maryland Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Register Now!

CCBHCs & Data: Meeting Requirements, Mastering Systems and Getting the Most Out of Your Data

Tuesday, Dec 11, 2018 1:00 PM - 2:00 PM



Data can be a strategic tool ... or it can be a massive headache. The difference is you!

It's easy to feel overwhelmed by the volume of data-driven reports you need to produce as a Certified Community Behavioral Health Clinic (CCBHC).

With the right systems and awareness of the nuances of building those reports, you can use that data to drive business decision-making, collaborate with partners and achieve optimal client outcomes.

Join MTM Services on **Tuesday, December 11 at 1 – 2 p.m. ET** for **[CCBHCs & Data: Meeting Requirements, Mastering Systems and Getting the Most Out of Your Data.](#)**

Learn how to provide not only compliant data, but meaningful results driving clinical outcomes and business analytics.

And you'll learn from the best!

- **Rebecca Farley David**, Vice President for Policy and Advocacy, National Council for Behavioral Health
- **Charlie Grantham**, IT and Process Optimization Consultant, MTM Services

[Register today!](#)



Trauma-Sensitized Communities



3 CEUs - Fee \$40.00

December 11, 2018

9:00am - 12:15pm

Kent County Parks and Recreation Community Center

11041 Worton Rd.

Worton, MD 21678

Course Description:

Dr. Lindstrom's passionate interest in helping communities become trauma-sensitized is rooted in her training and experiences in community organizing and—as a licensed psychologist—in her clinical work and services to groups, organizations, and communities as a consultant in the prevention and treatment of trauma at a systems-level.

For a community to become trauma-sensitized requires a paradigm shift in business-as-usual and, broadly, the manner in which community members/sectors daily relate to one another at every level and in every domain of that community's life and functioning.

Trauma-sensitized communities:

- recognize and acknowledge the prevalence of trauma.
- are informed about what trauma can look like in individuals and in groups; that is, the signs and symptoms of trauma.
- recognize the urgency of:

-preventing further traumatization and

-responding to the occurrence of trauma by incorporating their

-knowledge of trauma into their relationships, practices, policies,
and procedures.

- understand the critical importance that *each of their members* see one another, their community, and the world *through the lens of trauma*.

Given the expansiveness of the topic, “Trauma-Sensitized Communities,” this training will provide suggestions and recommendations about how to design and implement the more foundational components of trauma-sensitized communities.

[REGISTER NOW](#)

Phone: 410-822-0444 - Email: dmurphy@mhamdes.org



webinar

Are you struggling to manage – or just stay on top of the constantly changing fee schedules, eligibility requirements and reimbursement regulations in behavioral health? Falling behind can mean higher denial rates, longer processing time, delayed reimbursements and rising account receivables, all of which impact your ability to serve clients.

Join us on **Wednesday, December 12 from 2-3 p.m. ET** for **No Money No Mission – 5 Keys to Maximizing Reimbursements**. During this webinar, you will learn the five keys to immediately maximize your reimbursements.

You will also leave with a better understanding of the requirements for your staff to be more efficient and effective billers.

Register and learn how to increase your net collections in the ever-changing behavioral health billing system.

JANUARY 11TH, 2019

9:00AM-12:00PM

Free | 3 CEUs

Offered by Mid Shore Behavioral Health

*The Public Health
Approaches to the
Opioid Epidemic*

Presenters from
Maryland Department of Health
Prevention and Health Promotion
Administration

English Hall
Eastern Shore Hospital Center
Cambridge, MD 21613

TO REGISTER PLEASE GO TO

<https://www.eventbrite.com/e/the-public-health-approaches-to-the-opioid-epidemic-tickets-51808132519>

A collection of small, colorful triangles in shades of yellow, green, and blue scattered across the top of the page.

COME AND JOIN THE

F.U.N.

FAMILIES UNDERSTANDING NURTURING

Starts Wednesday January 9, 2019 @ 5:30pm

215 Bay Street #1 Easton, MD

Free eleven week group for families to learn new ways to understand one another and have fun together using the evidence based Nurturing Parenting curriculum.

[Dinner & child care provided]

****Register by calling Lindsay @ 410-770-5750****

Sunrise Residential Rehabilitation Program

OPEN HOUSE

Monday December 17th @ 3:00pm-5:00pm

**216 E. Main Street
Elkton, MD 21921**

Please RSVP:

Contact: Nicole Hurd • Call: 443-907-7058

• Email: nhurd@upperbay.org

Please join us at our Group Home to learn more about the Sunrise Residential Program and see the program locations! *Light refreshments will be provided.*





A Recovery and Wellness Center
 Supporting Our Community and You!
 300 Scheeler Rd. Chestertown, MD 21620
 410-778-5894



| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--|---|-------------------------------------|--|---|--|
| New Year's Eve Party December 31 st 9pm-12am Sober celebration w/ games and food | | | | | | 1 |
| | | | | | | 1-on-1 Peer Support is Available by Appointment Only |
| | 3 Open 9-7:30 2PM: Job Search assistance 6:30PM: Al-anon | 4 Open 9-5 1-3PM: Mid-day Matinee 4PM: Women's Group | 5 Open 9-5 4PM: Men's Group | 6 Closed Closed for training | 7 Closed Closed for training | 8 Thursday's 7PM Nar-Anon Join us for healing and sharing with peers |
| 9 *New Group* Al-Anon | 10 Open 9-7:30 2PM: Job Search assistance 6:30PM: Al-anon | 11 Open 9-5 1-3PM: Mid-day Matinee 4PM: Women's Group | 12 Open 9-5 4PM: Men's Group | 13 Open 9-8 2PM: Anxiety & Depression Group 4PM: Teen Group 7PM: Nar-Anon | 14 Open 9-8 7PM: "Strengthen your Spiritual Life" Community Bible Study | 15 |
| 16 Monday's 12PM Support for Friends and Families | 17 Open 9-7:30 2PM: Job Search assistance 6:30PM: Al-anon | 18 Open 9-5 1-3PM: Mid-day Matinee 4PM: Women's Group | 19 Open 9-5 4PM: Men's Group | 20 Open 9-8 2PM: Anxiety & Depression Group 4PM: Teen Group 7PM: Nar-Anon | 21 Open 9-8 7PM: "Strengthen your Spiritual Life" Community Bible Study | 22 Job Search Assistance, Computer Skills, Prevention/Education, Recovery Housing, Support Groups |
| 23 30 | 24 Open 9-7:30 2PM: Job Search assistance 6:30PM: Al-anon NEW YEAR'S EVE 31 | 25 CLOSED | 26 Open 9-5 4PM: Men's Group | 27 Open 9-8 2PM: Anxiety & Depression Group 4PM: Teen Group 7PM: Nar-Anon | 28 Open 9-8 7PM: "Strengthen your Spiritual Life" Community Bible Study | 29 |

*Anxiety and Depression Group Facilitated by Chesapeake Voyagers
 *Nar-Anon Group Facilitated by Kent County Opioid Intervention Team-OIT

Contact Brenna Fox 410-778-5894 to schedule a 1-on-1



PROVIDER ALERT

SYSTEMS AVAILABILITY – 12/01/2018

NOVEMBER 29, 2018

Beacon Health Options ProviderConnect System will be unavailable on:

Saturday, December 1, 2018 from 11:00 PM (ET) until

Sunday, December 2, 2018 at 8:00 AM (ET) for scheduled system maintenance.

Clinical services will be available for consumer crisis calls and urgent provider pre-certifications via the Beacon Health Options telephone number, 1-800-888-1965.

PROVIDER ALERT

PROVIDER COUNCIL MEETING - DECEMBER 2018

NOVEMBER 29, 2018

Just a friendly reminder that the next Provider Council Meeting is scheduled for **Friday, December 14, 2018 at 10am**. This meeting will be held at our Beacon Health Options office located at 1099 Winterson Road, Suite 200, Linthicum, MD 21090. Questions or concerns should be sent IN ADVANCE of the meeting and sent via email to: marylandproviderrelations@beaconhealthoptions.com by Wednesday,

December 5, 2018. **Questions not sent by December 5th cannot be guaranteed an answer at Provider Council.**

We will be using the webinar format. For telephonic participation during the meeting you will need to log into a webinar link. Through the webinar link you will be in a "listen only" format; you will not be able to freely ask questions. This improved format will minimize background noise so that all participants will have an equal opportunity to hear. All questions will be typed into the question and answer pane that is part of the webinar format for review and discussion. We encourage participation through this format for questions or discussions on items that are brought up from the agenda. These meetings are an opportunity to receive Department and Beacon updates and to share in the discussion of agenda items.

Program specific issues cannot be addressed in the meeting so providers are reminded to send claims questions with examples to: marylandproviderrelations@beaconhealthoptions.com

Please use the attached link to register:

<https://beaconhealthoptions.webex.com/beaconhealthoptions/k2/j.php?MTID=t5ffe482c26d877ef4568421505264aef>

You will dial into the audio portion using the call-in number and then you must join the webinar using the link provided. After registering, you will receive a confirmation email containing information about joining the webinar.

Can't register? [Contact support.](#)

You may also attend telephonically, but you will not be able to ask questions unless you join the webinar.

Also, please RSVP via email to marylandproviderrelations@beaconhealthoptions.com by Wednesday, December 12, 2018 if you plan to attend in person, so we can make sure to be able to accommodate you.



PROVIDER ALERT

OUTPATIENT MENTAL HEALTH CLINICS (OMHC) RENDERING PROVIDER REQUIREMENT FOR CLAIMS SUBMISSION

NOVEMBER 26, 2018

Beginning May 1, 2019, the Maryland Department of Health (the Department) will require rendering provider NPI numbers to be included on all claims submitted by Outpatient Mental Health Clinics (OMHCs). Claims submitted for dates of service after May 1, 2019 without rendering provider NPI numbers will be denied.

If your rendering providers are not already enrolled independently with Medicaid, please begin enrolling them now by following the steps below:

1. Obtain an individual NPI number at <https://nppes.cms.hhs.gov/#/>
2. Log into the ePREP portal: <https://eprep.health.maryland.gov/sso/login.do>
3. Select the Application Tab at the top left of the screen
4. Select the "New Application" button
5. Select "I'm new to Maryland Medicaid, I want to create a new application"
6. Select "I'm an individual health care practitioner"
7. Follow the prompts

If your rendering providers are already independently enrolled at Medicaid and not affiliated with your OMHC, please follow the steps below:

1. Log into the ePREP portal: <https://eprep.health.maryland.gov/sso/login.do>
2. Select the Application Tab at the top left of the screen
3. Select the "New Application" button
4. Select "I would like to affiliate with another provider"
5. Follow the prompts

OMHCs employing LG/LM practitioners:

OMHCs may continue to be reimbursed for services delivered by licensed graduate (LG) and Licensed Masters (LM) professionals, however LGs and LMs cannot enroll in Medicaid to practice independently (or under a group practice). Therefore, under an OMHC, services rendered by an LG or LM must be billed under their OMHC clinical supervisor's NPI number.

OMHCs will be responsible for ensuring that the supervisor is enrolled in ePREP as a rendering provider and that supervision of the graduates' caseloads are documented in the OMHC's internal files.

OMHCs should ensure that all accepted licensed providers (COMAR 10.09.59) are enrolled in ePREP *well before May 1, 2019* to avoid gaps in coverage.

Please email mdh.bhenrollment@maryland.gov or call 410-767-9732 if you have any questions.

REMINDER 2018 REGIONAL FORUMS REGISTRATION FORM

NOVEMBER 19, 2018

Attached is the 2018 Regional Forums Social Determinants of Health: Employment and Income Supports Registration Form. Please feel free to share with colleagues and have appropriate staff attend as necessary.

Click here to access [REMINDER - 2018 Regional Forum Social Determinants Registration Form](#)

Thank you for reading!

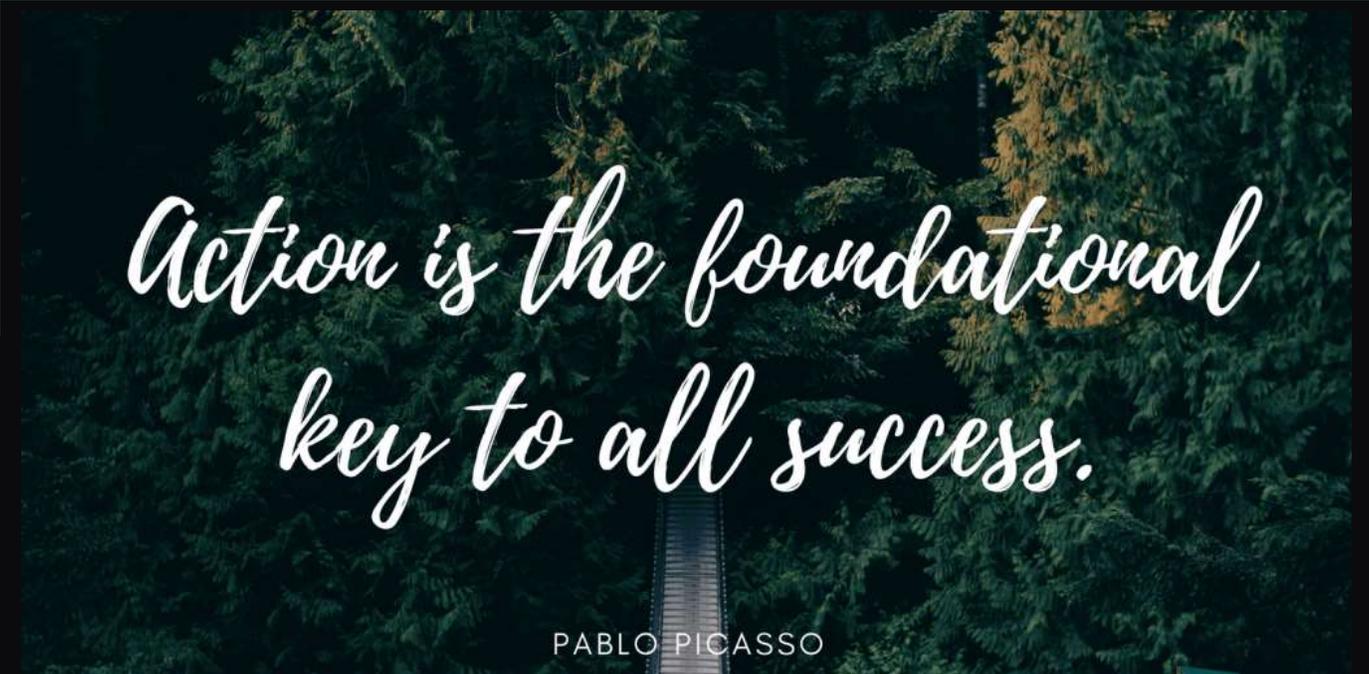
For future submissions to our newsletter please email me directly at lpollard@midshorebehavioralhealth.org

See you next week!

As always, we hope this newsletter has encompassed useful resources from our region.

About MSBH:

“The most important core value of our organization is hope: The belief that resiliency and recovery are real provides the essential and motivating message of a better future – that people and communities can, and do, overcome the internal and external challenges, barriers, and obstacles that confront them in order to achieve wellness.”



*Action is the foundational
key to all success.*

PABLO PICASSO